



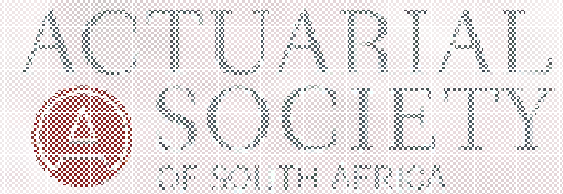
# The Medical Schemes Environment: An Update from the Regulator

Thulani Matsebula

Council for Medical Schemes

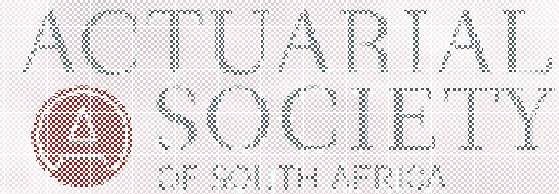
20<sup>th</sup> May 2009

# Presentation layout



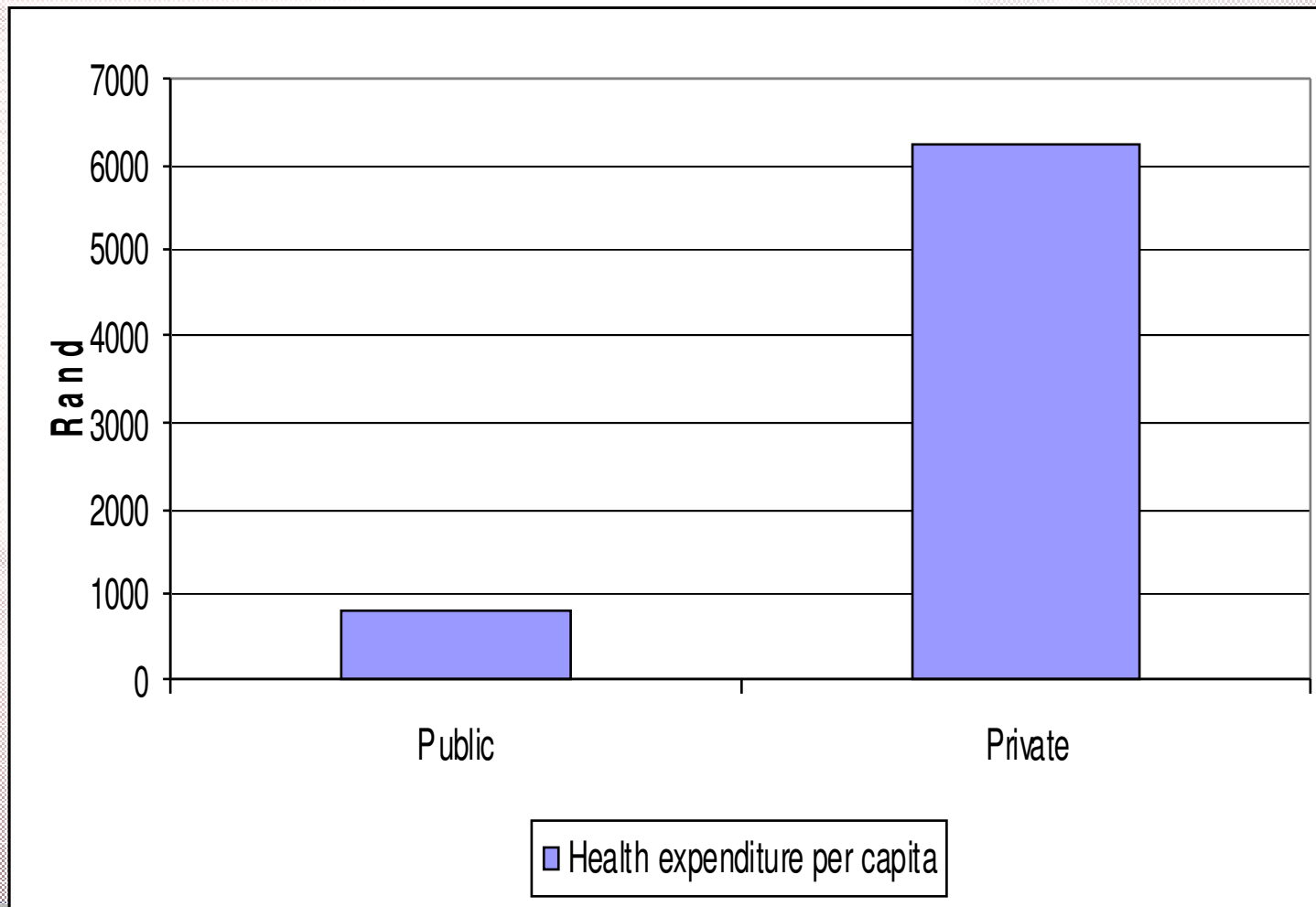
1. Context for reform
2. The role and function of medical schemes
3. Facts and figures about the Medical Schemes' industry
4. Further initiatives going forward

# The Health Sector Context

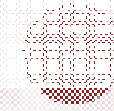


- Inequalities persist
  - Private sector receives 46% of overall healthcare funding, caters for 14.8% of the population
  - Public sector caters for 64.2% of population with 40% of healthcare funding
  - Significant OOP (regressive); 21% of the population spending est. 14% of healthcare funding OOP

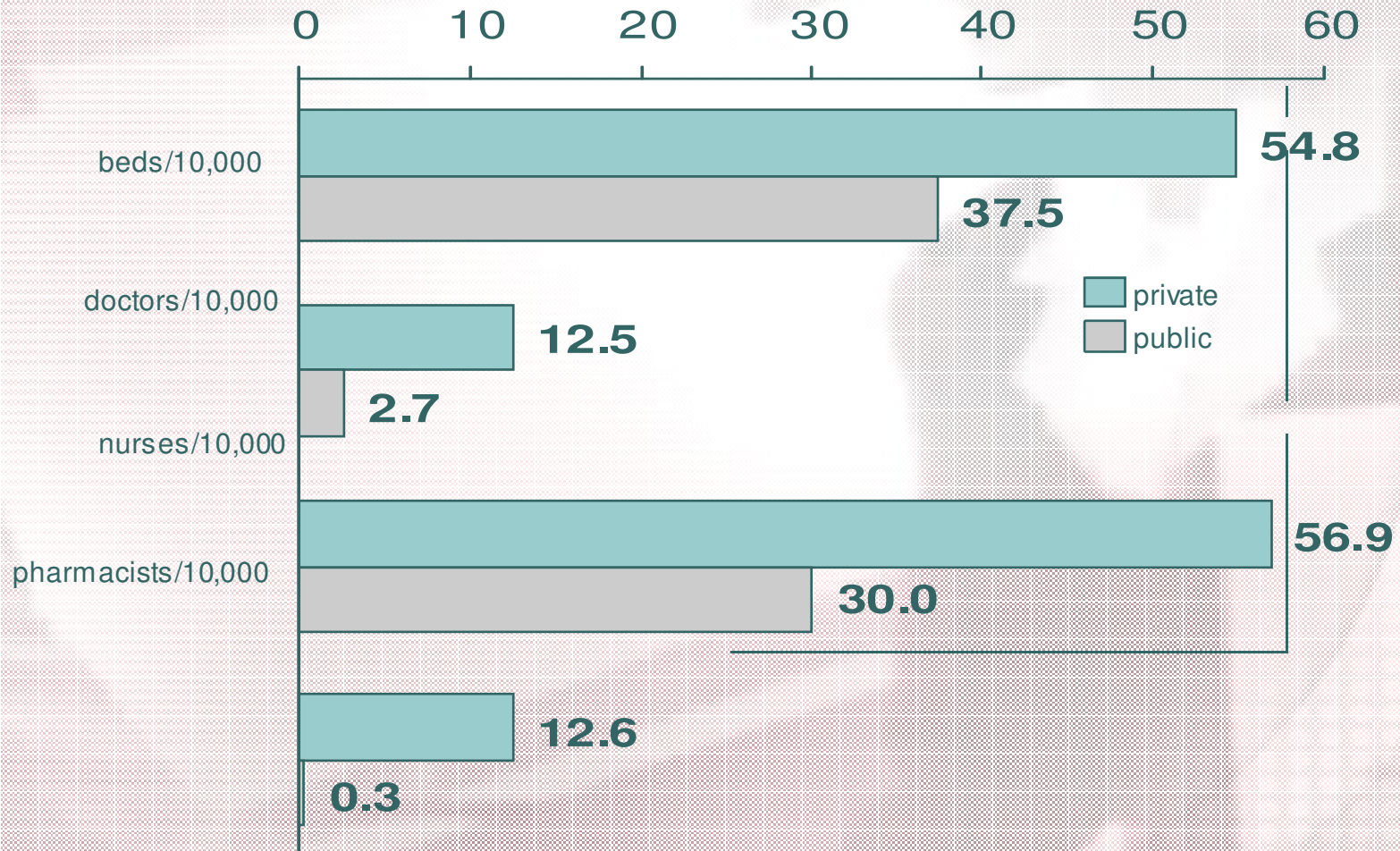
# HEALTH EXPENDITURE PER CAPITA



# COMPARISON OF PUBLIC AND PRIVATE HEALTHCARE RESOURCES

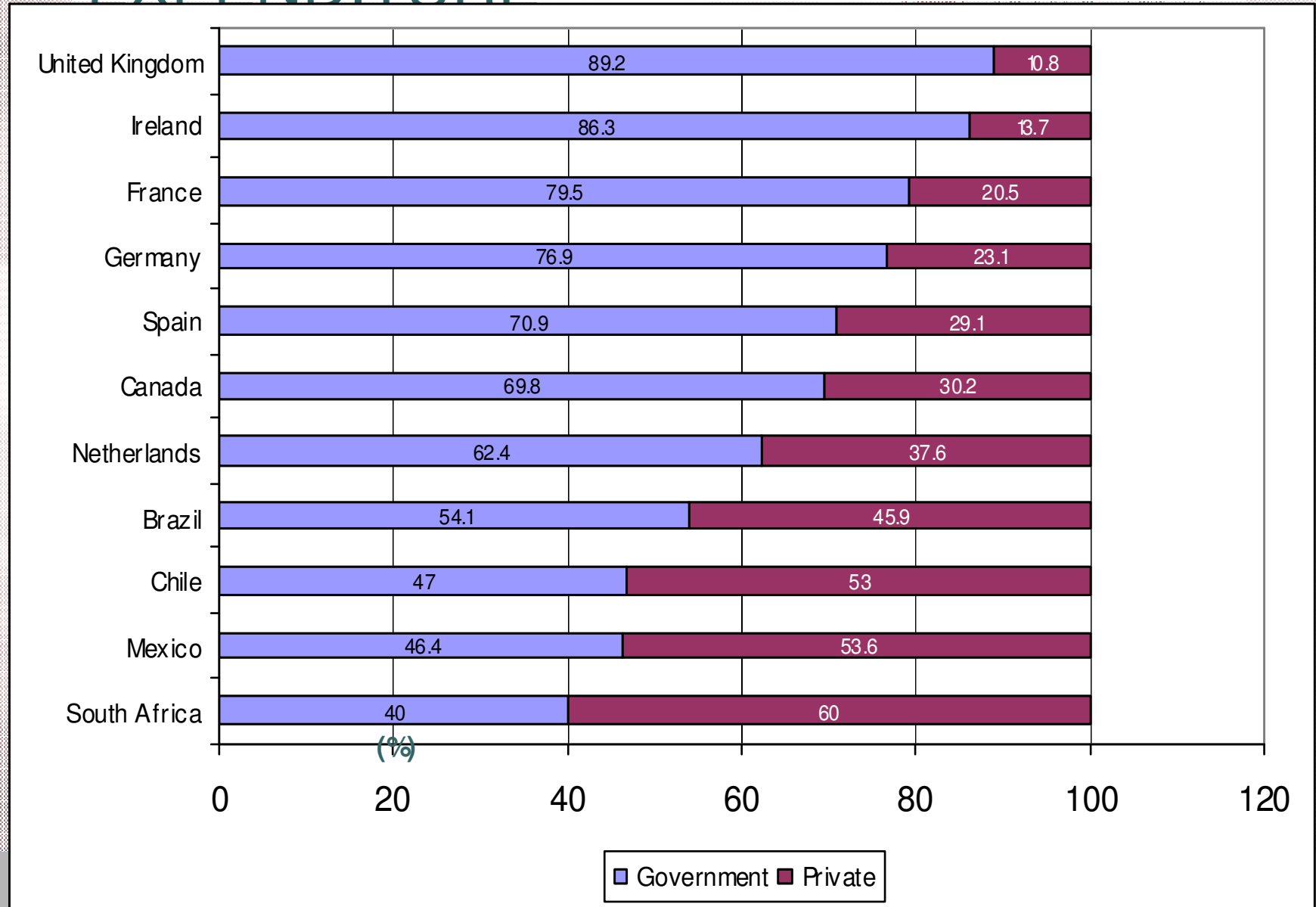


HEALTH CARE SOCIETY OF SOUTH AFRICA

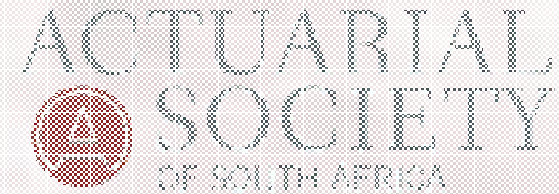


# COMPARATIVE HEALTHCARE EXPENDITURE

WORLD  
L Y



## On Health Sector Reforms



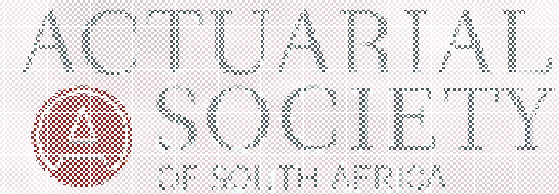
- “The National Health Insurance, part of its function (is) to try and contain the costs that are spiralling out of control”, Health Minister, News 24, 18 May 2009
- “We should also understand that healthcare inflation in SA is no higher than in many other healthcare systems internationally”, Adrian Gore, CEO, Discovery Health, Businessday, 18 May 2009

## Motivation for reforms

- Medical schemes' population more or less stagnant
- Pressure on public healthcare infrastructure
- Escalating healthcare costs
- “Skewed” allocation of resources between public and private sectors
- Scarcity of healthcare professionals

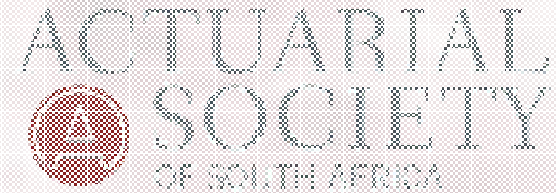


# The Medical Schemes' Role



- Avail access to healthcare through funding by providing the following:
  - Incentives to join and stay in schemes
    - Open enrolment
    - Waiting periods
    - Late-joiner penalties
  - Protection of members in schemes
    - Community-rating [No risk-rating]
    - Non-discrimination on benefits
    - Adjudication of complaints
  - Protection of minimum comprehensive benefits
    - Prescribed minimum benefits
  - Improved governance
    - Medical schemes
    - Industry overall

# Medical Schemes' Numbers



	<u>Schemes</u>	<u>Options</u>
Open	33 (41)	178 (220)
<u>Restricted</u>	<u>79 (83)</u>	<u>178 (172)</u>
<u>Total</u>	<u>112 (124)</u>	<u>356 (392)</u>

\*Figures in brackets are for 2006

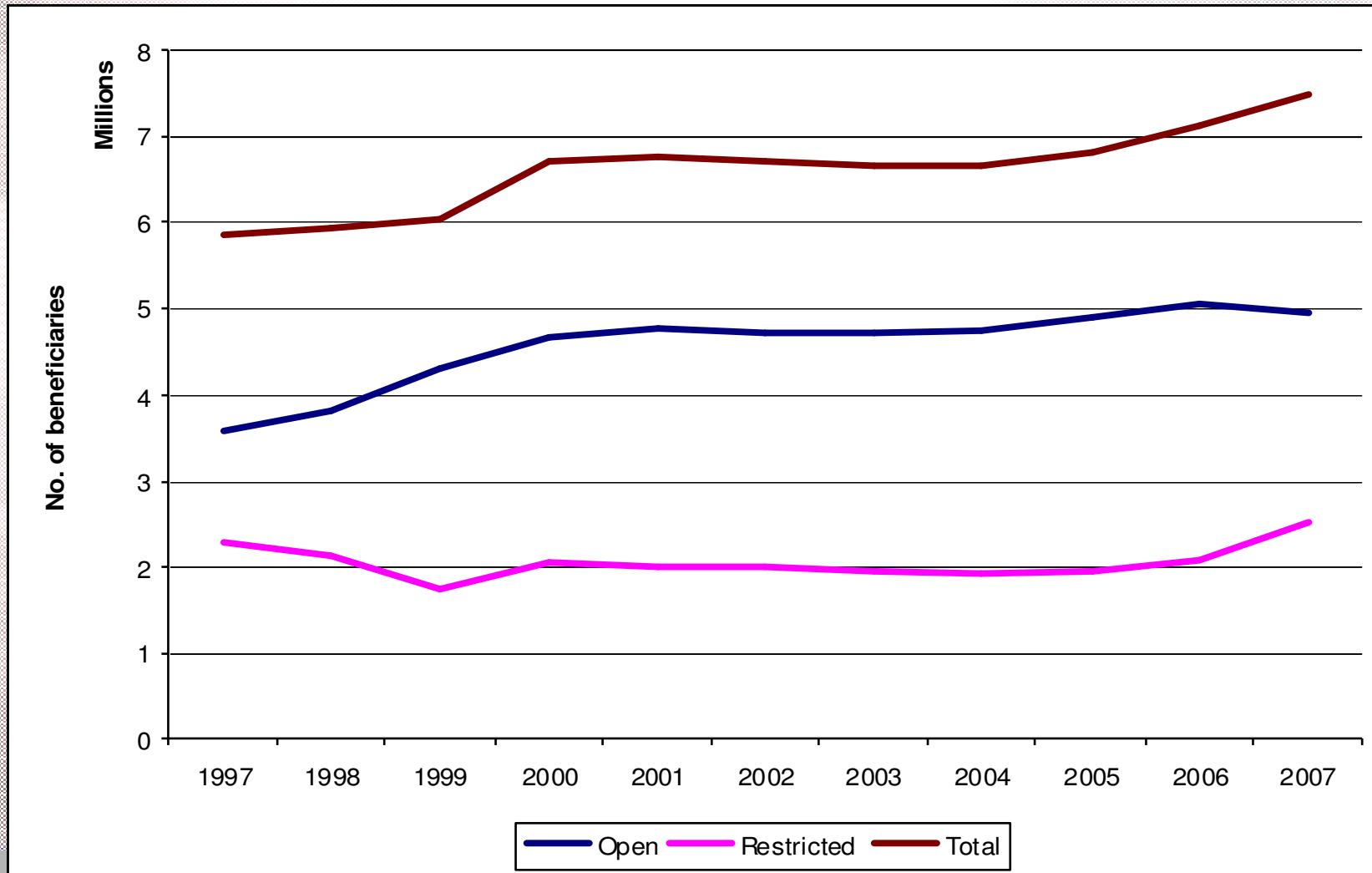
\* 2008 Q2 results

# Membership

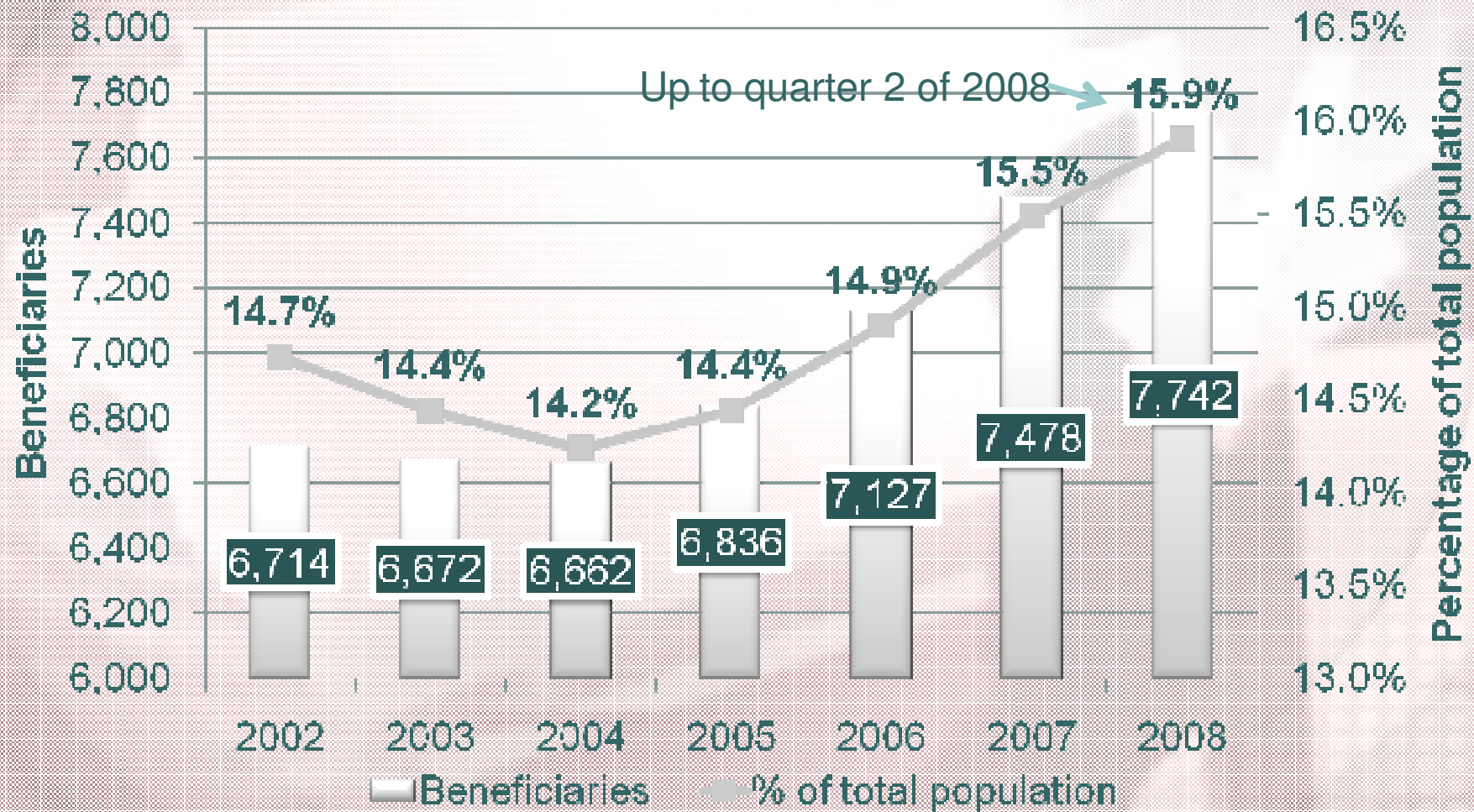
Scheme type		2007	2006	% change
Open	Members	2 114 986	2 099 247	0.7
	Beneficiaries	4 951 317	5 050 438	-2.0
Restricted	Members	1 118 504	886 103	26.2
	Beneficiaries	2 653 919	2 076 905	27.8
Consolidated	Members	3 233 490	2 985 350	8.3
	Beneficiaries	7 605 236	7 127 343	6.7

**GEMS and Motohealth are two new restricted schemes that contributed significantly to growth in membership**

# Trend analysis of coverage

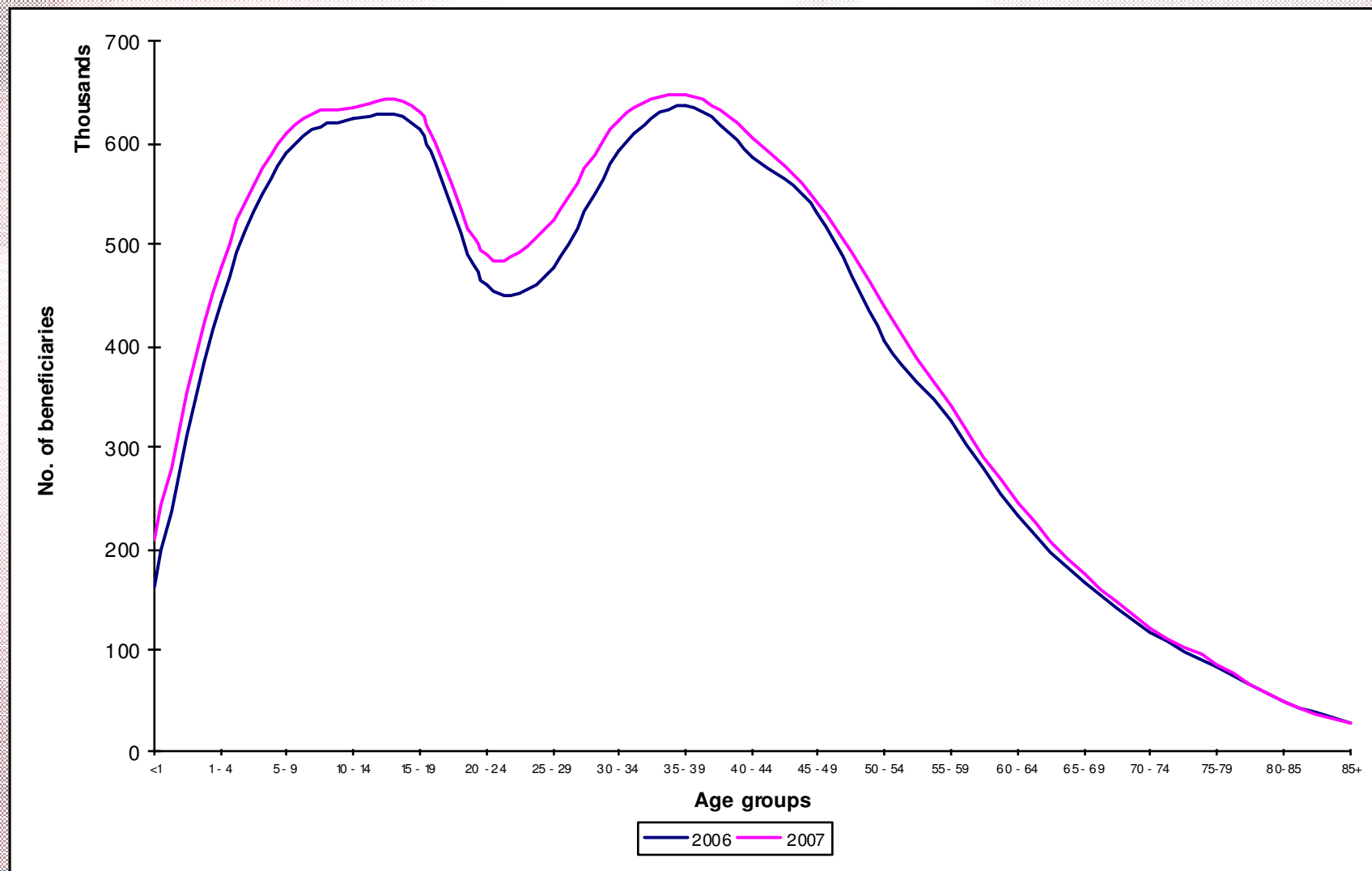


# Medical Scheme beneficiaries

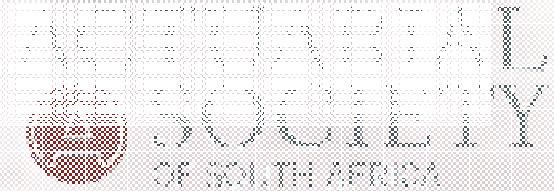


Source: Council for Medical Schemes

# Age distribution



# Contributions and claims



## Total contributions:\*

- Total contributions increased by 12.3% to **R64.7** billion
- Total gross relevant healthcare expenditure incurred increased by 10.2% to **R56.3** billion

## Risk contributions

- Risk contributions grew by 13.5% to **R58.3** billion
- Risk claims increased by 11.5% to **R50.4** billion

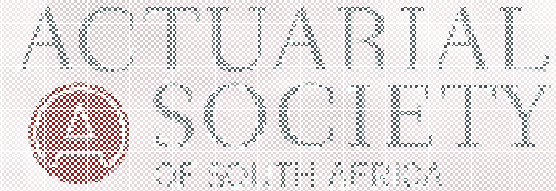
## Medical Savings Accounts

- MSA contributions grew by 2.1% to **R6.3** billion
- MSA claims decreased by 0.2% to **R5.9** billion

\*contributions excludes out of pocket expenditure: copayment, uncovered benefits, depleted benefits, deductibles and self payment gaps

# Contributions and claims

(pabpm)



## Total contributions:

- Total contributions increased by 7.2% to **R736.6** from R687.1
- Total gross relevant healthcare expenditure incurred increased by 5.2% to **R641.6** from R610.0

## Risk contributions

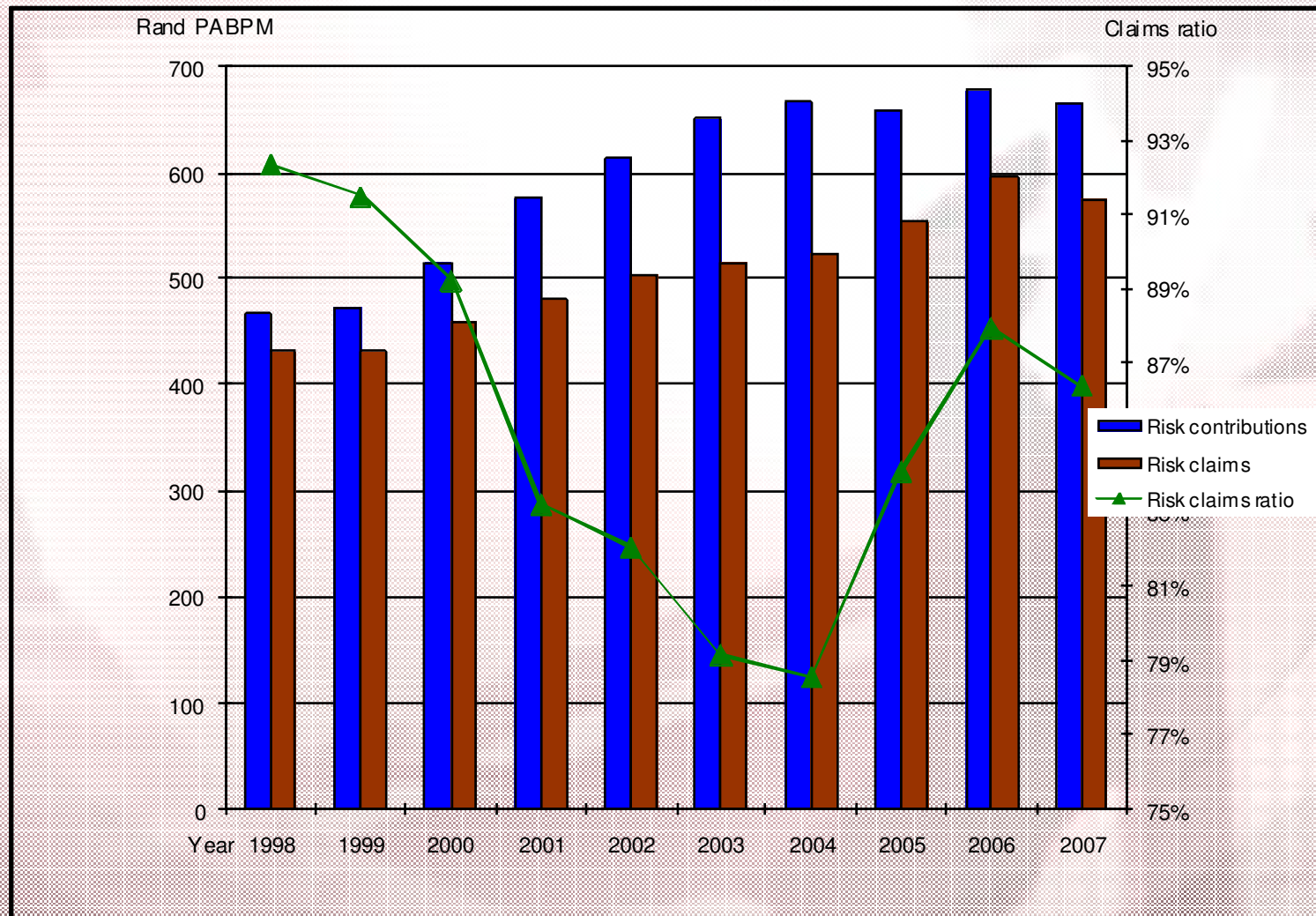
- Risk contributions grew by 8.4% to **R664.8** from R613.4
- Risk claims increased by 6.5% to R574.5 from R539.6

## Medical Savings Accounts

- MSA contributions decreased by 5.3% to **R94.5** from R99.8
- MSA claims decreased by 7.4% to R88.2 from R95.3



# Risk claims ratio for all schemes



# Utilisation of services

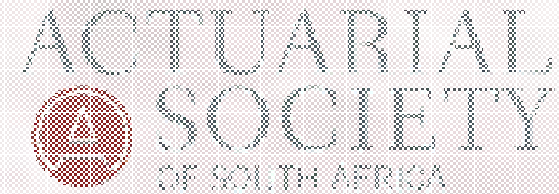
(per 1000 beneficiaries)

	2007	2006	% change
<b>Outpatient</b>			
○ GP	718.0	784.6	-8.5
○ Dentists	218.3	242.9	-10.3
○ Pathologists	802.1	1003.8	-20.1
○ Radiologists	386.2	392.6	-1.6
○ Paediatricians	196.6	201.4	-2.4
○ Physicians	261.3	258.5	1.1
○ Gynaecologists	222.4	209.0	6.0
<b>Private Hospitals</b>			
○ Admitted	180.6	170.7	5.8
○ Admissions	293.9	274.0	7.0

## Benefits paid to healthcare providers

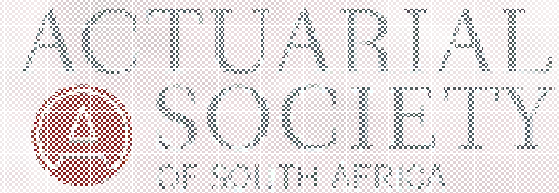
	<b>Amount (R)</b>	<b>% of total</b>	<b>% change</b>
● Hospital services	19,9 bn	36,3%	12,5%
● Med Specialists	12,2 bn	21,7%	11,0%
● Medicines	9,4 bn	16,7%	8,2%
● GP's	4,3 bn	7,7%	-1,5%

# Non-healthcare expenditure



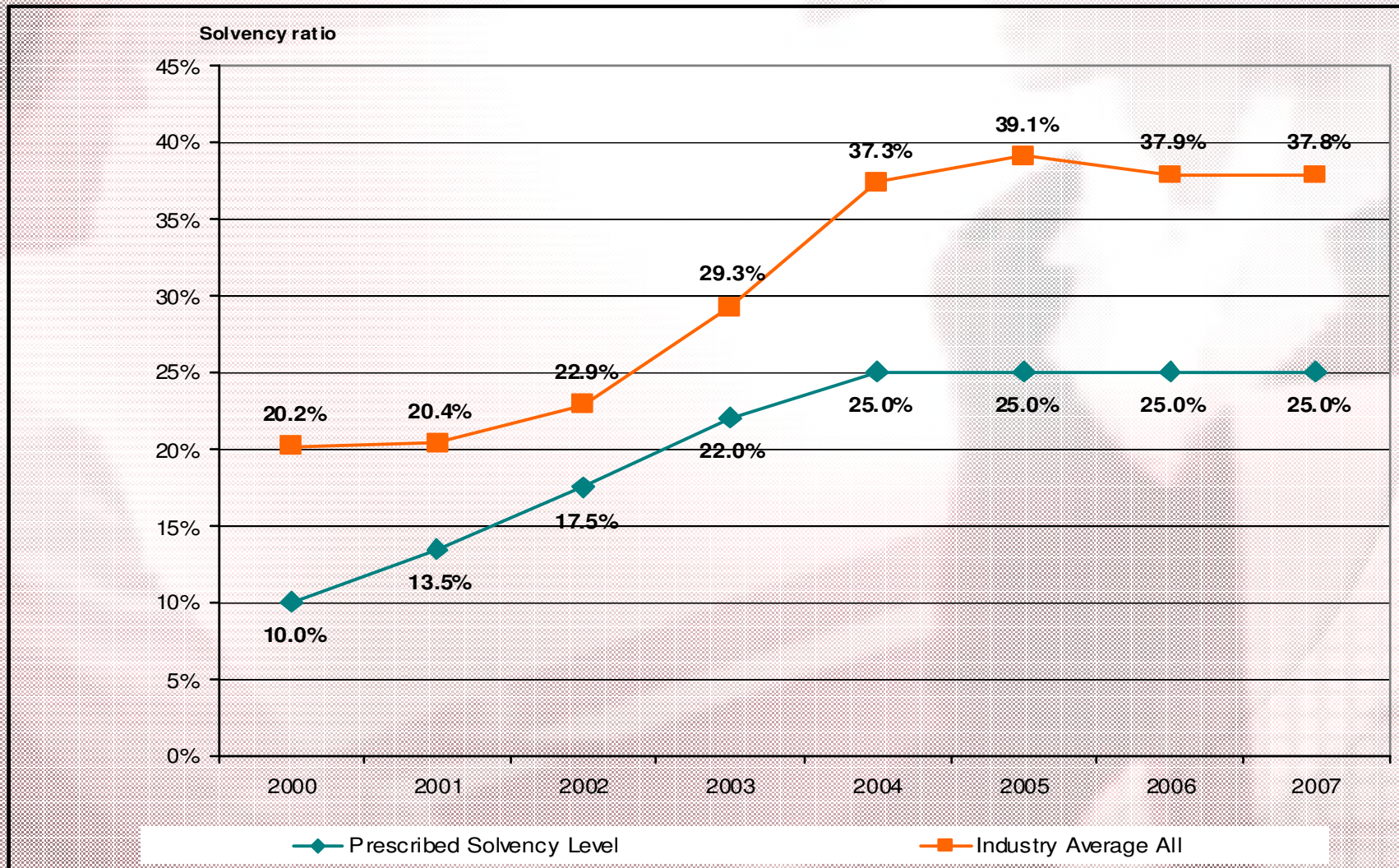
- **Consists mainly of :**
  - Administration (fees and costs)
  - Managed healthcare (value proposition)
  - Brokers fees
  - Impaired receivables

# Non Healthcare Expenditure

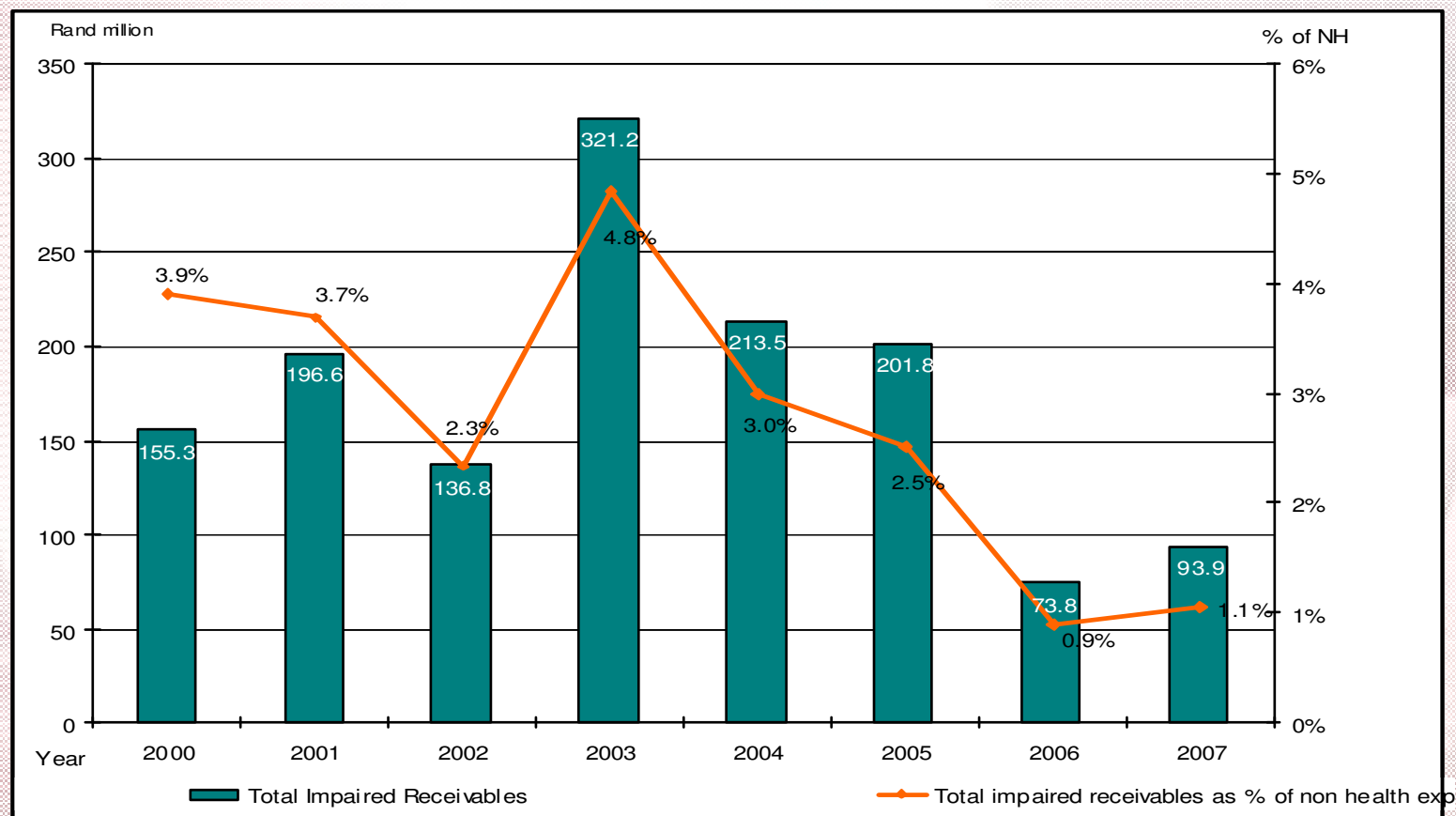


- Total NHE increased by 7.3% to 8.3 billion. This was high compared to 3.7% increase in 2006.
  - After adjustment for membership and inflation, NHE decreased by 3.8%

# Solvency level of all schemes



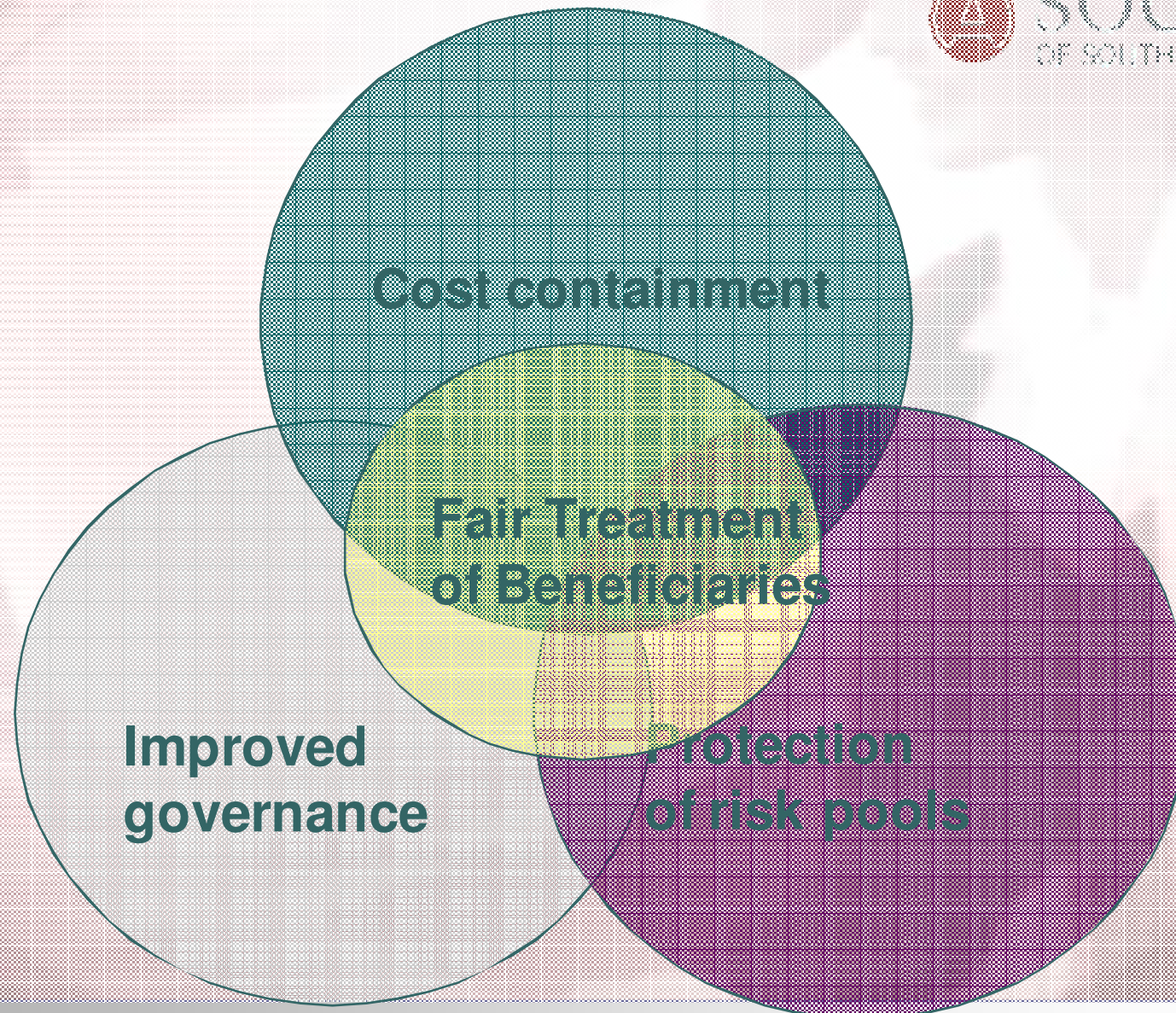
# Impaired receivables



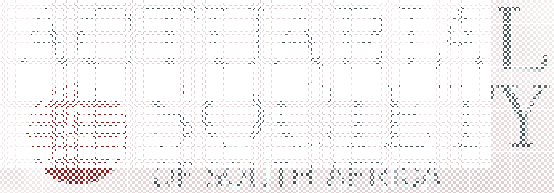
**It took an average of 13.1 days to collect debts in 2007**

# THE REGULATORY APPROACH GOING FORWARD





# Cost Containment



## ○ Supply side management

- Market structure
- Health Technology
- Human Capital
- Provider incentives
  - Activity-based systems (FFS)
  - Capitated systems (Alternative reimbursement)

## ○ Demand side management

- Demographic shift
- Epidemiological shift
- Consumer incentives
- Moral Hazard
- Asymmetry of information

## ○ Harmonisation of legislations

- Competition Commission; HPCSA, MSA, etc

# Protecting Risk Pools

- **Policy Priorities:**

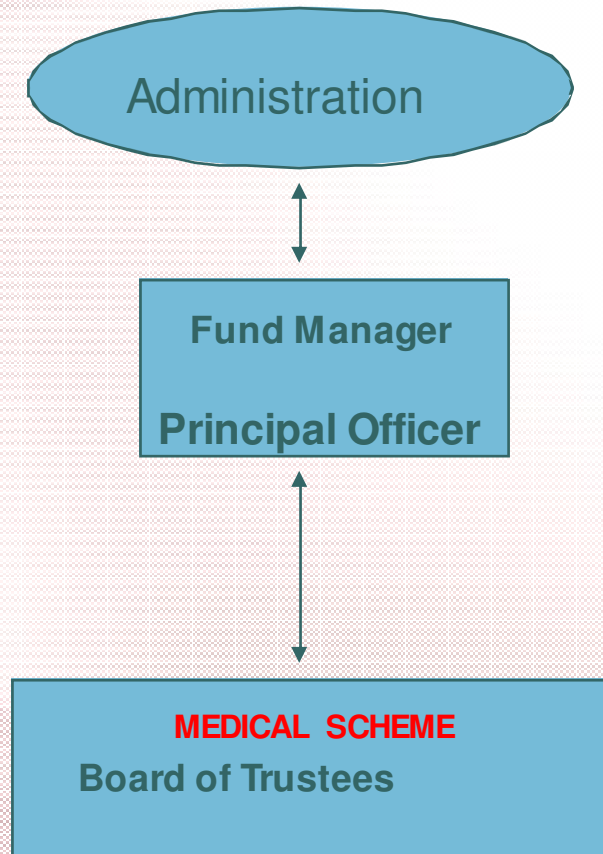
- Product development and pricing
- Evidence based and cost effective interventions
- Preventative care
- Clinical governance

- **Scheme Priorities:**

- Benefit structure
- Income cross subsidies
- Risk cross subsidies
- Policy options for the employed but uninsured
- Review of prescribed minimum benefits

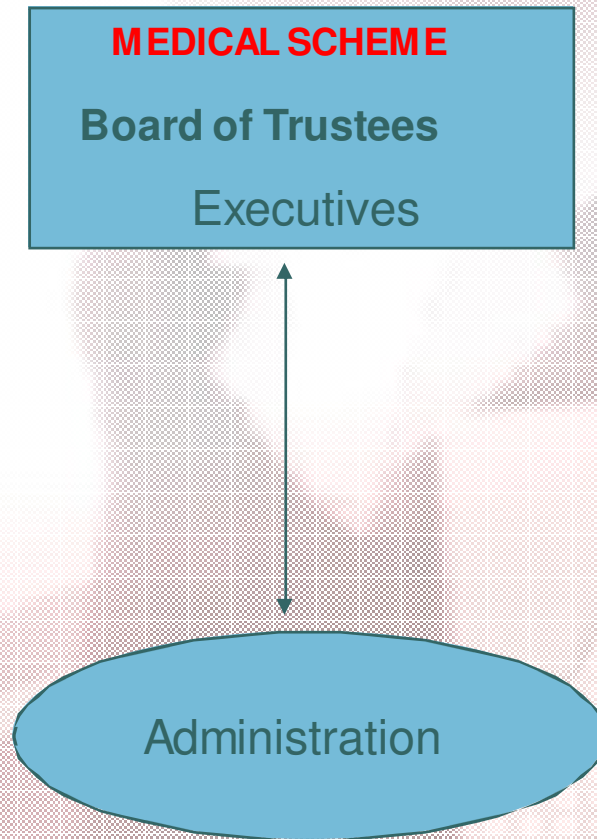
# Scheme Governance

**Current  
Structure**

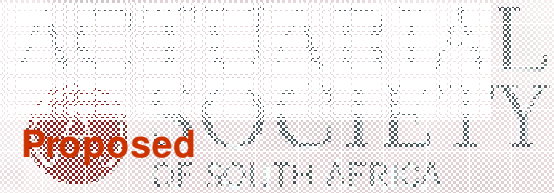


**Strategic Level**

**Proposed  
Structure**



**Operational Level**



# Strategic Focus

- Education and training strategy
- Risk equalization fund
- Prescribed minimum benefits
- LIMS
- Demarcation
- Cost containment
- Governance
- Efficiency discounts
- NHI and
- Roadmap for health system reform

**Establish the RISK  
EQUALISATION FUND**

**Restructure benefits to  
reduce complexity and  
promote cross-subsidisation**

**Amendments to MSA  
Key Objectives**

**Promote improved  
corporate governance  
among medical schemes**

**Facilitate emergence of  
medical scheme  
products for low income  
beneficiaries**

# QUESTION? COMMENTS?

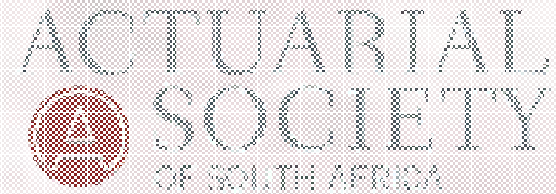
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